

Blackheath Fencing Club Introduction to Fencing Summer Camp Guidance for Parents

Dear Parent/Carer,

We are looking forward to welcoming your child to the Camp and introducing them to the unique sport of fencing.

With the current situation, and space limits at our temporary location, we ask you to make a note of the following guidelines and instructions. Generally, we are still operating under the pre 19th June requirements in order to protect our older people (the Coaches! and the parents, too) and because you are 24 strangers to each other.

Saturday Morning before leaving home

To comply with Covid19 regulations parents must complete a Health Questionnaire to confirm that everyone is well and has had no contact with the virus. This will be emailed to you late in the morning. If you cannot agree to all the questions, you must not come to the venue.

Travel and Parking

Parking in Greenwich is a challenge at any time. Parking meters operate until 5.30. We strongly recommend travelling by DLR to Greenwich Station which is 200m from the Community Centre. After leaving the station turn right on Greenwich High Road. The Centre is next to a tyre changing garage.

If car transport is unavoidable do check the [travel and parking advice on our website](#) which includes links to various apps you can use and also maps of the location.

Constraints at Greenwich West Community Centre

Unfortunately, there is no room for spectators in the hall or for meeting in the reception area. Please queue on the access ramp outside the building maintaining social distance and preferably wearing covid prevention masks. Please be prepared for wet weather!

The children will be admitted from about 3.20 and directed to the hall on the first floor. Again we ask that they wear Covid prevention masks.

Hand sanitiser is available at the entrance to the building and the hall itself. The hall will be well ventilated by safely opened windows. Children will be asked to wear Covid prevention masks except when speech is impeded and while performing physical exercises. Coaches will be following similar rules.

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All equipment has been quarantined for at least 3 days and cleaned in accordance with [British Fencing Covid19 cleaning protocols](#). It will also be treated with virucidal sanitiser during and after use. Children will be asked to use skin friendly sanitiser at relevant times.

Safeguarding

All the coaches are male but we will have a female Parent Welfare Officer in attendance. If any child needs medical attention or other 'hands on' help both a male and female will be present. The toilets are in sight of the hall entrance and children can be monitored entering and leaving those facilities.

Fencing coaching requires the occasional adjustment of limbs to position feet and hands correctly for safety reasons and to teach correct technique. This will be avoided as much as possible.

We will be using equipment to take sizes for the session on 14th when it is planned to use proper fencing equipment. Covid masks and medical gloves will be worn for this and with the minimum of contact and the maximum sanitiser.

Departure and Collection

The expected finish is 5pm. Sometimes an overrun of 5 to 10 minutes can occur as we want to ensure the children have a complete experience of the session. The Covid precautions will add an unknown time factor to the session, and we appreciate your understanding and flexibility.

Parents should gather outside at the bottom of the steps. Children will be escorted to the entrance and parents/carers invited to come forward to collect them.

Your Contact number for delays or other issues is Andrew on 07887 821443. Text is better than calling as it will be noisy in the hall!

Reminder!

The day will be warm. Please ensure your child comes prepared with drink and clothing as advised on the [Training Camp Information website page](#)

We are looking forward to the day too!

Best wishes

Andrew, Cos and Harry