

Blackheath Fencing Club

Fence Safely!

Fencing is a VERY safe sport compared so some others but there are some important rules to make sure it is safe.

Here are some you can apply.

- 1. Do not hit anyone not wearing a mask! (The Golden Rule)**
- 2. When walking around, hold weapons with points below the knees**
- 3. Put weapons down when putting on or removing your mask (until you can do it with one hand!)**
- 4. Weapons and masks are to be left lying at the side of the gym only not in the middle. (Coaches must do this sometimes but you can remind them!)**
- 5. Avoid creating trip hazards with spools and wires, leave a clear path around the hall**
- 6. If you see a hazard move it or report it**
- 7. Look out for collision and trip hazards behind your opponent**
- 8. Clothing must be regulation and well maintained**
- 9. Trainees: Remove masks only when instructed by your coach**
- 10. Do not go outside the gym without advising a coach including when you go home**