

Musketeer Fencing Diary resources – Motivational Quotes

This is a selection of motivational quotes from famous personalities. Print, cut out your favourite ones and paste them into your diary or in other places. Or hand copy if you cannot print them. If you don't know the person look them up! If there is no credit can you find who said it? Let us know.

Don't be afraid to give up the good to go for the Great
John D Rockefeller

I hated every minute of training but I said " Don't Quit. Suffer now and live the rest of your life a champion - Muhammad Ali

Concentration is about the ability to think about absolutely nothing when it is absolutely necessary – Ray Knight

Even if you are on the right track you will get run over if you just sit there

My strategy is simple. I get out in front early , run as hard as I can, for as long as I can
Steve Ovett

There are many ways of going forward but only one way of standing still
Franklin D Roosevelt

Its not the lion that roars that catches the game but the lion that runs

When you are as great as I am it is hard to be humble
Muhammad Ali

Adversity causes some men to break, others to break records

People seldom want to walk over you until you lie down

The will to win is important but the will to prepare is vital

Anything good is developed slowly

Insanity is doing the same thing over and over again and expecting different results

Some succeed because they are destined to, but most succeed because they are determined to

A man can make mistakes, but he isn't a failure until he starts blaming someone else

Opportunity may knock only once but temptation leans on the door bell

A dream becomes a goal when action is taken towards its achievement

All pressure is self-inflicted. Its what you make of it or how you let it rub off on you
Sebastian Coe

Luck is what happens when preparation meets opportunity
Darrell Royal

Don't ever let the pressure of competition be greater than the pleasure of competition
George Foster

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The child's philosophy is a true one. He does not despise the bubble because it burst, he immediately sets to work to blow a new one
If opportunity doesn't knock, build a door
Citius, Altius, Fortius (Faster Higher stronger)
Any fool can criticize, condemn and complain, and most fools do
Sports don't create character, they reveal it Heywood Broun
I see no virtue where I smell no sweat
Learn from mistakes, go out, compete again. That's the mark of a champion Randy Coltrane?
Champions are defined by the adversity they overcome Anderson Silva
Losing sucks but sometimes you learn a lot Uriah Hall
Just play hard, have fun, enjoy Michael Jordan
Winners never quit. Quitters never win – Vince Lombardi
Defeat is the secret ingredient to success - Conor McGregor
The more you dream the further you get Micheal Phelps
Age is not a barrier, It's a limitation you put on your mind Jackie Joyner-Kersey
It's not the will to win that matters but the will to prepare Paul 'Bear' Bryant
Persistence can change failure into extraordinary achievement Matt Biondi/Marv Levy
Something constructive can come from every defeat Tom Landry
Continuous effort not strength or intelligence is the key to success Liane Carlos?cardes
You are never a loser until you quit trying Mike Ditka
You miss 100% of the shots you don't go for Wayne Gretzky
Gold medals are made of sweat, determination and a hard to find alloy called Guts
The pain of losing is temporary. If I quit it lasts for ever Lance Armstrong

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You need attitude, you need to believe in yourself when others don't. That make you a winner

Venus Williams

Commitment - Your either in or out. There is no in between

Pat Riley

If you fail to prepare, you prepare to fail

Mark Spitz

Always make a total effort, even when the odds are against you

Arnold Palmer

To uncover your potential find your limits and the courage to blast past them

Win if you can , lose if you must but never quit

Cameron Trammel

Mistake? Recognise it, admit it, learn from it. Forget it

Dean Smith

If you find any others that you like let us know!